



裘錦秋中學(屯門)
Ju Ching Chu Secondary School (Tuen Mun)

地址：香港屯門楊青路 28 號

Address: 28 Yeung Tsing Road, Tuen Mun, Hong Kong

網址 Web site: <http://www.jcctm.edu.hk>

電話 Tel.: (852)-2461 1555

傳真 Fax: (852)-2464 6161

電郵 E-mail: mail@jcctm.edu.hk

家長通告 2024-2025/380

「賽馬會擁抱生命系列 2.0—青少年擁抱情緒計劃」評估研究

敬啟者：

本校與香港基督教女青年會合辦「賽馬會擁抱生命系列 2.0—青少年擁抱情緒計劃」，透過不同主題資訊和活動形式，提昇參加者對青少年心理健康的關注，幫助青少年建立積極的心理健康狀態。

計劃會聯同香港大學社會工作及社會行政學系進行一項關於「賽馬會擁抱生命系列 2.0—青少年擁抱情緒計劃」的評估研究，會邀請中三年級的學生為先導計劃對象，研究旨在了解貴子弟對計劃的意見，以便進一步評估香港基督教女青年會提供相關服務的成效。參與此研究的同學只需填寫自填式問卷，以加深對香港基督教女青年會所提供的相關服務成效的了解。調查僅需大約 10-15 分鐘即可完成，您可以隨時選擇終止調查，而不會產生負面後果。

每位參與者完成前測及後測問卷後，可獲派共港幣 100 元超市現金券。參與純屬自願性質，所有收集的數據只作研究用途(包含個人身份識別資料的數據將在研究發表後保存三年)，並會加密儲存。

研究名額有限，請家長於 26/05/2025(一)前簽署通告示意。如有興趣參加者超出名額，將以抽籤形式處理。稍後會有負責同事聯絡確實參加評估研究之學生派發有關父母/監護人同意書。

如有查詢，請致電 2461 1555 與輔導主任黃佩儀主任或社工秦嘉琪姑娘聯絡。

此致
貴家長

裘錦秋中學(屯門)

陳月平校長謹啟

二零二五年五月十三日



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Parents Circular

2024-2025/380

"Jockey Club Embrace Life Series 2.0 – Youth Embracing Emotions Project." Evaluation Study

Dear Parents/Guardians,

Our school is collaborating with the Hong Kong Young Women's Christian Association (YWCA) to organize the "Jockey Club Embrace Life Series 2.0 – Youth Embracing Emotions Project." This initiative aims to raise awareness of adolescent mental health through various themed information and activities, helping teenagers develop a positive state of mental well-being.

The program will partner with the Department of Social Work and Social Administration at the University of Hong Kong to conduct an evaluation study on the "Jockey Club Embrace Life Series 2.0 – Youth Embracing Emotions Project." Form 3 students will be invited to participate in this pilot program. The study aims to evaluate the service outcome and cost-effectiveness against programmes of the Project organized by the YWCA. Students who participate in the research will complete a self-administered questionnaire to enhance our understanding of the effectiveness of relevant services. The questionnaire would only take about 10-15 minutes to complete. Individual details will not be disclosed or identifiable from this questionnaire.

Each participant who completes both the pre-test and post-test questionnaires will be reimbursed a total of HKD \$100 in supermarket vouchers. Participation is entirely voluntary, meaning that you can choose to stop at any time without negative consequences. All information obtained in this study will be used for research purposes only and will remain strictly confidential. The data will be disposed of 3 years after the publication of the first paper.

As the number of spots is limited, we kindly ask parents to sign and return the notice by 26 May, 2025 (Monday), to indicate their consent. If the number of interested participants exceeds the available spots, a lottery will be conducted. A staff member will later contact the selected students to distribute the relevant parental/guardian consent forms.

Should you have any enquiries, please contact Ms. Wong Pui Yee or School Social Worker Ms. Chun Ka Ki at 24611555.

Yours faithfully,

Chan Yuet Ping
Principal
13th May, 2025