



# 裘錦秋中學(屯門)

## Ju Ching Chu Secondary School (Tuen Mun)

地址：香港屯門楊青路 28 號

Address: 28 Yeung Tsing Road, Tuen Mun, Hong Kong

網址 Web site: <http://www.jcctm.edu.hk>

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### 家長通告 2024-2025/242

#### 第四十八屆陸運會安排

敬啟者：

第四十八屆陸運會將於 2 月 11 日及 2 月 12 日進行，期望同學能夠在陸運會中各展所長，發揮個人潛能。以下為當天活動安排。

#### 1. 集合時間及放學時間

活動日期：2025 年 2 月 11 日及 2 月 12 日

集合時間：早上八時十分

集合地點：屯門鄧肇堅運動場

放學時間：下午三時五十五分

#### 2. 午膳安排

屯門鄧肇堅運動場嚴禁進食，學生須自行安排外出午膳。

#### 3. 服飾安排

- (a) 除制服隊伍代表之外，所有學生須穿着整齊運動服(學校運動衣、運動長褲及運動鞋)進入運動場。
- (b) 運動員可於出賽前始更換適當服裝及比賽鞋具(運動短褲及運動鞋)。
- (c) 運動員必須把號碼布扣於胸前指定位置，遺失號碼布將影響參賽資格。

#### 4. 行為守則

- (a) 學生不宜攜帶貴重物品，錢包及個人財物應自行妥善保管。比賽期間，運動員應將物品交予相熟同學暫作保管；
- (b) 所有音樂播放機及各種遊戲玩物均不得攜帶入場。
- (c) 學生宜自攜足夠清水以備飲用，運動員須注意適時補充水分；
- (d) 學生不得嚼食香口膠或吹波糖；
- (e) 比賽期間，學生不得擅自離開運動場；
- (f) 學生應保持場地範圍清潔，離場前須協助清理垃圾；
- (g) 未經老師許可，學生不可踏入草地範圍。

#### 5. 醫療及救傷

比賽期間如有身體不適或受傷，須即時向老師報告，不應強行參加比賽。陸運會當天有合資格的救傷員當值，為有需要的學生提供協助。

#### 6. 天氣情況

若因天氣惡劣，教育局宣布全港學校停課，陸運會將會取消。若比賽進行期間遇上惡劣天氣，以致不宜繼續比賽，校方將根據教育局活動指引，在安全情況下解散學生。

#### 7. 請假手續

陸運會為學校上課日，所有同學必須準時出席。如學生因病告假，除家長信外，必須遞交醫生紙；事假一般不獲批准，除非事前已通知校方及其理由須為校方所接受。



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8. 校巴安排

陸運會期間不設校巴服務，同學需要自行前往陸運會場地。

如有查詢，請致電 2461 1555 與麥斐主任聯絡。

此致  
貴家長

裘錦秋中學(屯門)

陳月平校長謹啟

2025 年 1 月 27 日



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## Parents Circular

2024-2025/242

### Arrangement for the 48<sup>th</sup> Sports Day

Dear Parents/Guardians,

The 48<sup>th</sup> Sports Day will be held on February 11 and 12, 2025. We hope that all the students can showcase their talents and realize their potential during the event. Below is the schedule for the day.

1. **Assembly and Dismissal Time**

**Event Dates:** February 11 and 12, 2025

**Assembly Time:** 8:10 AM

**Assembly Location:** Tuen Mun Tang Shiu Kin Sports Ground

**Dismissal Time:** 3:55 PM

2. **Lunch Arrangement**

Eating is strictly prohibited at the Tuen Mun Tang Shiu Kin Sports Ground. Students must make their own arrangements for lunch outside.

3. **Dress Code**

(a) Except for uniformed teams, all students must wear neat sports attire (school sports shirt, sports long pants, and sports shoes) when entering the sports ground.

(b) Athletes may change to appropriate competition attire (sports shorts and shoes) before their events.

(c) Athletes must pin their number bibs to the designated position on their chests; loss of the bib will affect their eligibility to compete.

4. **Code of Conduct**

(a) Students should not bring valuable items; wallets and personal belongings must be securely stored. During the competition, athletes should entrust their items to familiar classmates for safekeeping.

(b) All music players and various games are not allowed in the venue.

(c) Students should bring enough drinking water, and athletes must ensure adequate hydration.

(d) Chewing gum is not permitted.

(e) Students must not leave the sports ground without permission during the competition.

(f) Students should keep the venue clean and assist in clearing rubbish before leaving.

(g) Students are not permitted to step onto the grass without teacher permission.

5. **Medical Assistance**

If anyone feels unwell or is injured during the competition, they must report to a teacher



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immediately and should not force themselves to participate. Qualified first aiders will be on duty to assist students in need.

### 6. **Weather Conditions**

If the Education Bureau announces a suspension of classes due to inclement weather, the Sports Day will be canceled. If adverse weather occurs during the event, and it is unsuitable to continue, the school will dismiss students safely following the Education Bureau's activity guidelines.

### 7. **Leave Procedures**

The Sports Day occurs on a school day, therefore students must attend on time. If a student is absent due to illness, a doctor's note must be submitted along with a parent's letter; personal leave is generally not approved unless the school is notified in advance and the reason is acceptable to the school.

### 8. **School Bus Arrangement**

There will be no school bus service during the Sports Day. Students need to travel to the venue independently.

For inquiries, please contact Mr. Mak Fei at 2461 1555.

Yours faithfully,

Chan Yuet Ping

Principal

27<sup>th</sup>, January, 2025