

裘錦秋中學(屯門)家長教師會

Ju Ching Chu Secondary School(Tuen Mun) **Parent-teacher Association**

28 Yeung Tsing Road, Tuen Mun, N.T., Hong Kong. Tel.: (852) 24611555 Fax: (852) 24646161

家長通告 2023-2024/139 冬日湯水工作坊

2023-2025 年度

第二十屆(第一年度)

家長教師會委員會

家長教師會主席:

周秀玲女士

第一副主席兼宣傳:

鍾海燕女士

第二副主席:

吳嘉和助理校長

第三副主席兼總務:

劉美英女士

第四副主席兼康樂:

楊雅鈞女士

郭偉邦老師

秘書:

張健莉女士

黄泳儀老師

司庫:

梁婉兒女士

陳文智老師

顧問:

陳月平校長

李嘉映姑娘

敬啟者:

冬日來臨,節氣更替,如能了解當造食材,配合適時湯水,對調理身體可謂 事半功倍。故此,我們特意邀請校友陳騰中醫師為我們舉辦一場冬日湯水(胡椒豬 肚雞湯)工作坊,在這個工作坊中,家長會學習如何挑選新鮮食材、製作湯底技巧, 以及烹調這道傳統佳餚的秘訣。

詳情如下:

主講嘉賓:陳騰中醫師

日期:5/1(星期五)

時間:10:00-12:30

地點:三樓家政室

名額:八個(名額有限,先到先得,名單稍後公布)

費用:每組家庭\$50(家教會津貼其餘費用)

如有任何查詢,歡迎聯絡吳嘉和助理校長或致電 2461 1555(代轉)與本人聯 絡。

此致

各家長

裘錦秋中學(屯門) 第二十屆家長教師會主席

謹啟

(周秀玲)

二零二三年十二月二十八日



錦秋中學(屯門)家長藸 Ju Ching Chu Secondary School(Tuen Mun)

Parent-teacher Association

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23-25/PTA139

Winter Soup Workshop

28th of December, 2023

Session 2023 -2025

The 20th Parent-teacher Association (First Year

Chairperson:

term)

Ms. Zhou Xiuling

1st Vice Chairperson and Promotion:

Ms. Zhong Haiyan

2nd Vice Chairperson:

Mr. Ng Ka Wo

3rd Vice Chairperson

and General Affairs:

Ms. Liu Meiying

4th Vice Chairperson

and Recreation:

Ms. Yang Ya Chun

Mr. Kwok Wai Pong

Secretary:

Ms. Zhang Jianli

Ms. Wong Wing Yee

Treasurer:

Ms. Leung Yuen Yee

Mr. Chan Man Chi

Advisor:

Dr. Chan Yuet Ping

Ms. Lee Ka Ying

To whom it may concern,

'Winter arrives, season changes.' With a good understanding of seasonal ingredients, it would be more effective to cook seasonal soups that boost one's immune system. Therefore, we have invited our alumnus Mr. Ian Chan, a registered Chinese medicine practitioner, to hold a workshop in which parents can learn how to choose fresh ingredients and prepare the soup base for pepper pork tripe chicken soup, a traditional delicacy for winter.

The details are as follows:

Guest Speaker: Mr. Ian Chan

5th of January, 2024 (Friday) Date:

Time: 10:00 - 12:30

Home Economics Room (3rd Floor) Venue:

Quota:

Fee: \$50 HKD

Should you have any inquiries, please do not hesitate to contact Assistant Principal Mr. Ng Ka Wo or me on 2461 1555 (extension).

Yours faithfully,

周春轮

Zhou Xiuling

Chairperson

Parent-teacher Association

Ju Ching Chu Secondary School (Tuen Mun)